BREAKFAST

NOVEMBER 2026

Unatego MS/HS

Breakfast and Lunch will be served at NO COST to students for the 26/27 school year!
Menu subject to change without notice.
Allergen and intolerance information for menu items is available, ask an employee for details.

Monday	Tuesday	Wednesday	Thursday	Friday
2 Frudel 100% Juice Fresh/Canned Fruit Low-fat/Fat Free Milk	**3** Scrambled Eggs W/ ½ Bagel 100% Juice Fresh/Canned Fruit Low-fat/Fat Free Milk	**4** Yogurt & Pop Tart 100% Juice Fresh/Canned Fruit Low-fat/Fat Free Milk	**5** Mini Maple Puff Pancakes 100% Juice Fresh/Canned Fruit Low-fat/Fat Free Milk	**6** Breakfast Sandwich 100% Juice Fresh/Canned Fruit Low-fat/Fat Free Milk
9 Breakfast on a Stick 100% Juice Fresh/Canned Fruit Low-fat/Fat Free Milk	**10** Red, White, & Blue Parfait w/Granola 100% Juice Fresh/Canned Fruit Low-fat/Fat Free Milk	**11** 	**12** Yogurt & Muffin 100% Juice Fresh/Canned Fruit Low-fat/Fat Free Milk	**13** Breakfast Sandwich 100% Juice Fresh/Canned Fruit Low-fat/Fat Free Milk
16 French Toast Sticks 100% Juice Fresh/Canned Fruit Low-fat/Fat Free Milk	**17** Cinnamon Rolls 100% Juice Fresh/Canned Fruit Low-fat/Fat Free Milk	**18** Breakfast Pizza 100% Juice Fresh/Canned Fruit Low-fat/Fat Free Milk	**19** Cheese Omelet W/ ½ Bagel 100% Juice Fresh/Canned Fruit Low-fat/Fat Free Milk	**20** Breakfast Sandwich 100% Juice Fresh/Canned Fruit Low-fat/Fat Free Milk
23 Cinni Minis 100% Juice Fresh/Canned Fruit Low-fat/Fat Free Milk	**24** Confetti Pancakes 100% Juice Fresh/Canned Fruit Low-fat/Fat Free Milk			
30 Mini Strawberry Puff Pancakes 100% Juice Fresh/Canned Fruit Low-fat/Fat Free Milk				

Available Daily: Assorted Cereal, Assorted Cereal w/ ½ Bagel, Bagel w/Cream Cheese, Smoothies, Parfaits (MS/HS Only) Pop-Tarts, Muffins

Milk Choices: 1% White, 1% Chocolate

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