



SEPTEMBER 2024

Unatego MS-HS Breakfast Menu

Breakfast and Lunch will be served at **NO COST** to students for the 24/25 school year!
 Menu subject to change without notice.
 Allergen information for menu items is available, ask an employee for details.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>Labor Day No School</p>	<p>3</p> <p>Superintendent Day No School</p>	<p>4</p> <p>Superintendent Day No School</p>	<p>First Day French Toast</p> <p>Sausage Links 100% Juice Fresh/Canned Fruit Low-fat/Fat Free Milk</p>	<p>6</p> <p>Breakfast Sandwich 100% Juice Fresh/Canned Fruit Low-fat/Fat Free Milk</p>
<p>9</p> <p>Frudel 100% Juice Fresh/Canned Fruit Low-fat/Fat Free Milk</p>	<p>10</p> <p>Scrambled Eggs W/ ½ Bagel 100% Juice Fresh/Canned Fruit Low-fat/Fat Free Milk</p>	<p>11</p> <p>French Toast Bake 100% Juice Fresh/Canned Fruit Low-fat/Fat Free Milk</p>	<p>12</p> <p>Yogurt & Pop Tart 100% Juice Fresh/Canned Fruit Low-fat/Fat Free Milk</p>	<p>13</p> <p>Breakfast Sandwich 100% Juice Fresh/Canned Fruit Low-fat/Fat Free Milk</p>
<p>16</p> <p>French Toast Sticks 100% Juice Fresh/Canned Fruit Low-fat/Fat Free Milk</p>	<p>17</p> <p>Breakfast Casserole 100% Juice Fresh/Canned Fruit Low-fat/Fat Free Milk</p>	<p>18</p> <p>Chocolate Croissants 100% Juice Fresh/Canned Fruit Low-fat/Fat Free Milk</p>	<p>19</p> <p>Cheese Omelet W/ ½ Bagel 100% Juice Fresh/Canned Fruit Low-fat/Fat Free Milk</p>	<p>20</p> <p>Breakfast Sandwich 100% Juice Fresh/Canned Fruit Low-fat/Fat Free Milk</p>
<p>23</p> <p>Breakfast On a Stick 100% Juice Fresh/Canned Fruit Low-fat/Fat Free Milk</p>	<p>24</p> <p>Breakfast Pizza 100% Juice Fresh/Canned Fruit Low-fat/Fat Free Milk</p>	<p>25</p> <p>Breakfast Banana Splits 100% Juice Fresh/Canned Fruit Low-fat/Fat Free Milk</p>	<p>National Pancake Day!</p> <p>26</p> <p>Pancakes W/Strawberries & Whipped Cream 100% Juice Fresh/Canned Fruit Low-fat/Fat Free Milk</p>	<p>27</p> <p>Breakfast Sandwich 100% Juice Fresh/Canned Fruit Low-fat/Fat Free Milk</p>
<p>30</p> <p>Muffin 100% Juice Fresh/Canned Fruit Low-fat/Fat Free Milk</p>				

Available Daily: Assorted Cereal, Assorted Cereal w/ ½ Bagel, Bagel w/ Cream Cheese, Smoothie, Pop-Tarts
Milk Choices: 1% White, FF Chocolate