

NOVEMBER 2024

Unatego MS-HS Breakfast Menu

Breakfast and Lunch will be served at NO COST to students for the 24/25 school year!
Menu subject to change without notice.
Allergen information for menu items is available, ask an employee for details.

Monday

Tuesday

Wednesday

Thursday

Friday



4 Mini Confetti Pancakes
100% Juice
Fresh/Canned Fruit
Low Fat/Fat Free Milk

5 Pop Tarts
100% Juice
Fresh/Canned Fruit
Low Fat/Fat Free Milk

6 Cheese Omelet
W/ ½ Bagel
100% Juice
Fresh/Canned Fruit
Low Fat/Fat Free Milk

7 Frudel
100% Juice
Fresh/Canned Fruit
Low Fat/Fat Free Milk

1 Breakfast Sandwich
100% Juice
Fresh/Canned Fruit
Low Fat/Fat Free Milk

8 Breakfast Sandwich
100% Juice
Fresh/Canned Fruit
Low Fat/Fat Free Milk



12 Waffles & Sausage Links
100% Juice
Fresh/Canned Fruit
Low Fat/Fat Free Milk

13 Breakfast Pizza
100% Juice
Fresh/Canned Fruit
Low Fat/Fat Free Milk

14 Cinni Minis
100% Juice
Fresh/Canned Fruit
Low Fat/fat Free Milk

15 Breakfast Sandwich
100% Juice
Fresh/Canned Fruit
Low Fat/Fat Free Milk

18 Scrambled Eggs
W/ ½ Bagel
100% Juice
Fresh/Canned Fruit
Low Fat/Fat Free Milk

19 Breakfast On A Stick
100% Juice
Fresh/Canned Fruit
Low Fat/Fat Free Milk

20 Apple French Toast
Bake
100% Juice
Fresh/Canned Fruit
Low Fat/Fat Free Milk

21 Muffins
100% Juice
Fresh/Canned Fruit
Low Fat/Fat Free Milk

22 Breakfast Sandwich
100% Juice
Fresh/Canned Fruit
Low Fat/Fat Free Milk

25 Pancakes
W/Strawberries & Whipped Cream
100% Juice
Fresh/Canned Fruit
Low Fat/Fat Free Milk

26 Cinni Mini's
100% Juice
Fresh/Canned Fruit
Low Fat/Fat Free Milk

27 No School



29 No School

Available Daily: Assorted Cereal, Assorted Cereal w/ ½ Bagel, Bagel w/ Cream Cheese,
(Pop Tart and Smoothies – MS/HS only)
Milk Choices: 1% White, 1% Chocolate