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JANUARY 2022

MS-HS Lunch Menu

Breakfast and Lunch will be served at NO COST to students for the 21/22 school year!

Menu subject to change without notice.

Monday

French Toast Sticks **3**
Sausage
Orange Glazed Carrots

Bacon Cheeseburger **10**
Or Cheeseburger on Roll
Crispy Fries

No School **17**


Grilled Cheese Sandwich **24**
Campbell's Tomato Soup

Baked Ziti **31**
Garlic Toast
Carrots

Tuesday

Chicken Tenders **4**
Seasoned Rice
Roasted Broccoli
WG Roll

Nachos **11**
w/ Meat, Cheese, Salsa & Sour Cream
Corn
Refried Beans

Taco on Soft Shell **18**
w/ Meat, Cheese, Salsa & Sour Cream
Refried Beans
Corn

Walk Away Taco **25**
w/ Meat, Cheese, Salsa & Sour Cream
Corn & Tomato Salad

Wednesday

Ultimate Chicken Bowl **5**
Corn
WG Roll

Hot Dog on Bun **12**
Macaroni Salad

Chicken Filet **19**
w/ Bacon & Cheese
Sweet Potato Fries

Breaded Chicken **26**
Buttered Noodles
Cucumber Salad
WG Roll

Thursday

Macaroni & Cheese **6**
WG Roll
Roasted Cauliflower

Turkey & Gravy over **13**
Mashed Potatoes
Green Beans
WG Roll

****NY Thursday**** **20**
NY BBQ Pulled Pork on Roll
NY Coleslaw
NY Roasted Potatoes
NY Apple
NY Milk

Hot Meatball Sub **27**
Green Beans

Friday

Pepperoni or Three Cheese Roll **7**
W/Dipping Sauce
Romaine Salad

Assorted Classic Pizza **14**
Romaine Salad

Pepperoni or Three Cheese Roll **21**
W/Dipping Sauce
Romaine Salad

Assorted Classic Pizza **28**
Romaine Salad

NY Food Vendors:

Pork: Catskill Cattle, Deposit, NY

Milk: Upstate Farms, NY

NY Food Vendors: Apples, Cabbage & Carrots, Potatoes: Headwater Food Hub, Ontario, NY

Available Daily: Canned fruit, fresh fruit, fresh veggie, Hot veggie of the day.

PB&J, Yogurt Plate, Specialty Salads, & Yogurt Parfaits

NY Milk Choices: 1% White, Skim White, Skim Chocolate