

Dear Parent or Guardian:

During January your child will be participating in a traversing wall climbing unit in our Physical Education class.

Indoor rock climbing is one of the fastest growing activities today. It simultaneously develops coordination, strength, flexibility and cardiovascular fitness. Additionally, important life skills like problem solving, goal setting, perseverance, inner confidence and patience will be learned from this unit.

At Unatego Elementary, we are using a transverse climbing wall to host these exciting activities. At its highest point, the wall measures eight feet and is approximately fifty feet long. Participants climb horizontally (traverse) across the wall and their feet should never be higher than **three feet off the ground**. Your child will climb under the careful supervision of an adult instructor at all times.

In order for your child to be part of this course offering, we are asking that you sign the permission form that follows. This release **must be returned by Friday, March 17th** so we can begin climbing shortly after that. This permission is required for your student to participate.

Should you have any questions regarding this exciting educational opportunity, please do not hesitate to call us at 988-6700. If you have any questions, or would like to see children participating in climbing please log on to [www.traversewall.com](http://www.traversewall.com).

Sincerely,

Jennifer Barnes  
Kelly Wolner  
Unatego Elementary Physical Education

**(Please return ASAP)**

---

## Permission To Participate

\_\_\_\_\_ (student name) has my permission to participate in the wall climbing unit at Otego Elementary. I understand that this activity involves some risk of injury and I will stress the importance of following the class rules when we discuss this activity at home.

Parent/Guardian \_\_\_\_\_ Date \_\_\_\_\_