

Welcome to the Unatego Central School  
Breakfast and Lunch  
2018-2019

Unatego Central School is pleased to announce all students enrolled at **Unatego Central School** are eligible to receive a healthy breakfast and lunch at school at **no charge** to your household each day of the 2018-2019 school year. Your child(ren) will be able to participate in these meal programs without having to pay a fee or submit a free and reduced application. A CEP application is included and we encourage each family to fill it out and return it for other funding options available to our school. Only one breakfast and one lunch is available at no charge. Each meal must be a "reimbursable meal" to include three items and one must be a fruit or vegetable. Extras, snacks, ala carte items and milk (purchased separate from a meal) will have to be purchased. Myschoolbucks will still be available if you would like to see what your child is eating, or put money on his or her account for extra's/snacks. Go to: [www.myschoolbucks.com](http://www.myschoolbucks.com) to sign up today.

The CEP application is important to the school and for other programs. We are offering 6 total \$50.00 gift cards 2 for each elem., middle and high school to be randomly selected from all the applications sent in. If you know you do not qualify please put your name and Do Not Qualify and you will be entered in the drawing on October 15<sup>th</sup>.

We will also have our menu nutritional information available on our website. The Health-e Pro Software will be able to help you make the healthiest choices possible and assist with allergies and special diet options. This feature will be available under the Foodservice section of our website and an app is also available. Go check it out!

NYS Ag and Markets has developed a New York Thursday initiative that we are promoting by using NY agricultural products grown in our area on Thursdays. Look for menu items like NY milk, yogurt, apples, vegetables, honey, beef and chicken to support our local farmers and enjoy the better taste of foods grown close to home.

Any questions or concerns please contact us at [hoppst@dcmoboces.com](mailto:hoppst@dcmoboces.com) We look forward to serving your students healthy meals for a productive day.

*"School meals, We Serve Education Every Day"*