# September 2017

# **Unadilla Elementary**





#### **Lunch Prices**

K-5<sup>th</sup> \$2.00 6<sup>th</sup>-12<sup>th</sup> \$2.10 Reduced \$.25 Remember you can make online payments though:

www.myschoolbucks.com
Set up an account today!

Available Daily: Canned Fruit, Fresh Fruit, Fresh Veggie, Hot Veggie of the Day

Milk: 1% White and Fat Free Chocolate

Daily Choices: Peanut Butter and Jelly Sandwich, Sandwich of the Day,

and Yogurt Plate.



#### Monday

#### Tuesday

#### Wednesday

### sday

## Thursday Friday



"USDA is an equal opportunity provider and employer"

New Meal Applications must be turned in by October 13th



ChooseMyPlate.gov





First Day of School!

Crispy Chicken Sandwich
On Whole Grain Bun
W/ Lettuce and Tomato
Sweet Potato Fries
PB+ J

Hot Dog or Cheesy Do On Whole Grain Bun Baked Beans Macaroni Salad

**Turkey Sandwich** 

Assorted Hand Stretched
Pizza
Romaine and Spinach Salad W/

**Tomatoes and Cucumbers** 

Cinnamon French Toast Sticks Breakfast Sausage Roasted Carrots

Tuna Sandwich

Beef Taco on Whole 12
Grain Tortilla
W/ Tomatoes and Lettuce
Sour Cream
Refried Beans
Ham & Cheese Sandwich

Build Your Own Sub 13
Turkey or Ham W/ Cheese
Lettuce and Tomato
Sub Sauces

PB+J

Ultimate Chicken Bow 14 (Popcorn Chicken, Mashed Potaces, Gravy, and Cheese) Corn Whole Grain Roll

Pepperoni and Cheese Sub

Assorted Hand Stretched
Pizza
Steamed Broccoli

**Assorted Sandwiches** 

Chicken Tenders
Whole Grain Roll
Rice
Seasoned Potato Wedges

Tuna Sandwich

Nachos W/ Meat & Cheese Served W/ Salsa Black Bean Salad

Ham & Cheese Sandwich

Italian Pepperoni or Cheese Rol W/ Marinara Sauce Roasted Brussel Sprouts

Turkey Sandwich

Homemade Macaroni and Cheese Whole Grain Roll Carrot Coins

Assorted Hand Stretched
Pizza
Romaine and Spinach Salad W/
Tomatoes and Cucumbers

& Chick Peas

Pepperoni and Cheese Sub

Cheeseburger/Hambur 25 on Whole Grain Bun W/ Lettuce and Tomato French Fries

Tuna Sandwich

Shredded Chicken Ques 261
OR Cheese Quesadilla
Served W/ Sour Cream
and Salsa
Refried Beans
Ham & Cheese Sandwich

Toasted Meatball Sub Side of Pasta Seasoned Carrots

Turkey Sandwich

Italian Pasta Pizza Bake Green Beans Garlic Bread Stick

Pepperoni and Cheese Sub

Assorted Hand Stretched
Pizza
Roasted Broccoli

Assorted Sandwiches