

# Otego & Unadilla Elementary Breakfast Menu

## February 2010

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Assorted Cereal <sup>1</sup></p> <p>Bagel w/ Cream Cheese 100% Juice or Fresh Fruit Milk</p>	<p>Fresh Baked Muffin <sup>2</sup> w/ 4 oz Yogurt</p> <p>Assorted Cereal Bagel w/ cream cheese 100% Juice or Fresh Fruit &amp; Milk</p>	<p>Breakfast Pizza <sup>3</sup></p> <p>Assorted Cereal Bagel w/ cream cheese 100% Juice or Fresh Fruit Milk</p>	<p>Pancakes w/ Syrup <sup>4</sup></p> <p>Assorted Cereal Bagel w/ cream cheese 100% Juice or Fresh Fruit Milk</p>	<p>Breakfast Sandwich <sup>5</sup></p> <p>Assorted Cereal Bagel w/ cream cheese 100% Juice or Fresh Fruit Milk</p>
<p>Waffles w/ Syrup <sup>8</sup></p> <p>Assorted Cereal Bagel w/ cream cheese 100% Juice or Fresh Fruit Milk</p>	<p>Assorted Cereal <sup>9</sup></p> <p>Bagel w/ Cream Cheese 100% Juice or Fresh Fruit Milk</p>	<p>Breakfast Pizza <sup>10</sup></p> <p>Assorted Cereal Bagel w/ cream cheese 100% Juice or Fresh Fruit Milk</p>	<p>Breakfast on a stick <sup>11</sup></p> <p>Bagel w/ Cream Cheese 100% Juice or Fresh Fruit Milk</p>	<p>Breakfast Sandwich <sup>12</sup></p> <p>Assorted Cereal Bagel w/ cream cheese 100% Juice or Fresh Fruit Milk</p>
<p><b>No School</b> <sup>15</sup></p>	<p>French Toast Sticks <sup>16</sup></p> <p>Assorted Cereal Bagel w/ cream cheese 100% Juice or Fresh Fruit Milk</p>	<p>Breakfast Pizza <sup>17</sup></p> <p>Assorted Cereal Bagel w/ cream cheese 100% Juice or Fresh Fruit Milk</p>	<p>Assorted Cereal <sup>18</sup></p> <p>Bagel w/ Cream Cheese 100% Juice or Fresh Fruit Milk</p>	<p>Breakfast Sandwich <sup>19</sup></p> <p>Assorted Cereal Bagel w/ cream cheese 100% Juice or Fresh Fruit Milk</p>
<p>Assorted Cereal <sup>22</sup></p> <p>Bagel w/ Cream Cheese 100% Juice or Fresh Fruit Milk</p>	<p>Fresh Baked Muffin <sup>23</sup> w/ 4 oz Yogurt</p> <p>Assorted Cereal Bagel w/ cream cheese 100% Juice or Fresh Fruit &amp; Milk</p>	<p>Breakfast Pizza <sup>24</sup></p> <p>Assorted Cereal Bagel w/ cream cheese 100% Juice or Fresh Fruit Milk</p>	<p>Assorted Cereal <sup>25</sup></p> <p>Bagel w/ Cream Cheese 100% Juice or Fresh Fruit Milk</p>	<p>Breakfast Sandwich <sup>26</sup></p> <p>Assorted Cereal Bagel w/ cream cheese 100% Juice or Fresh Fruit Milk</p>

### Guess What?

Your heart can beat up to 40,000,000 times per year!  
Roller-skating involves all of the body's muscles, especially the heart, and provides  
a complete aerobic workout.

A good breakfast  
each day is very  
smart.  
It gives you the  
energy to do your  
best from the  
start!



### School News

**Free & Reduced  
Applications are  
processed all Year.**

**Pre-Pay Available for  
your convenience.**

19 x \$1.45 = \$27.55  
19 x \$ .25 = \$4.75

**Breakfast** ~~\$1.45~~ **FREE**  
**Lunch** \$1.45  
**Reduced** \$ .25

